

Cerner Wellness – Health Coaching

- **Goal of the course**

- To provide a basic understanding of the functions that can be performed as a coach in the health coaching portal.

- **These functions include:**

- *Secure messaging members*
- *Logging biometric/lab results for members*
- *Assigning & reviewing workshops*
- *Managing conditions*
- *Logging coaching notes*

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- **Who is this training designed for**
 - Anyone providing direct care to members
 - *Health Coaches*
 - *Lab technicians*
 - *Doctors*
 - *Nurses*
 - *Dietitians*
 - *etc*
 - Also as education for the wellness administrators

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- **What is the Health Coaching Portal**
 - A health coaching tool that provides the coach the ability to remotely monitor and mentor other members of the site.
- **How do I get access to the Health Coaching Portal?**
 - You will need to contact your Wellness Site Administrator